

# Fast Forward to College (>>FWD): Kinder – 12th Grade Curriculum 25 minutes at a time



# Fast Forward to College (→→FWD): Kinder – 12<sup>th</sup> Grade Curriculum 25 minutes at a time

## Fast Forward to College Curriculum ► ► Kinder-11<sup>th</sup> Grade

- Developmentally appropriate interactive and easy to implement lessons and activities for Kinder-11th grade.
- 25-minute lessons designed for use in school, community and/or after school settings.
- Based on a college-going framework to increase college and career readiness by fostering college aspirations, teaching college knowledge, supporting the college planning process.
- Sequenced lessons are organized by themes, build on each other throughout the year, and increase in depth and rigor each year.
- Kinder through 5<sup>th</sup> lessons are aligned to Common Core, ELD and Social-Emotional Learning competencies.
- Curriculum includes pre and post student surveys to assess learning.
- Curriculum includes lesson plans, handouts, presentations (when needed), and optional extension activities.
- Curriculum is revised annually to update resources and reflect changes in admission and financial aid policy.

LEVEL	KINDER – 11 <sup>TH</sup> GRADE CURRICULUM THEMES
<b>Kinder - 5<sup>th</sup> Grade</b> 15 lessons per grade span: K-2 <sup>nd</sup> & 3 <sup>rd</sup> -	<ul> <li>I Believe in Myself!</li> <li>Students make connections between being a successful student and making good choices along their educational journey.</li> <li>Students begin to develop the core competencies of social-emotional learning, including self-awareness, self-management, social awareness, relationship skills, and responsible decision making.</li> <li>My Road to College</li> <li>Students develop their knowledge of being lifelong learners and the importance of their education culminating in post-secondary options.</li> <li>Students strengthen college aspirations as they learn from the educational journeys of others.</li> <li>College 101</li> <li>Students learn basic college knowledge to build on aspirations and make connections between the importance of their elementary education to the rest of their entire educational journey.</li> <li>Students reflect on their work throughout the year, set goals and celebrate accomplishments.</li> </ul>
<b>6</b> <sup>th</sup> - <b>11</b> <sup>th</sup> <b>Grade</b> 30 lessons per grade	<ol> <li>Prepares for the complex college and financial aid application process in the 12<sup>th</sup> grade.</li> <li>Getting Ready for the School Year: Topics include transition to the new school year, identifying resources, academic and organizational skills.</li> <li>I Believe in Myself: Topics include decision-making, managing priorities, exploring summer opportunities and being a good digital citizen.</li> <li>My Road to College: Topics include a deep dive into the education journey of staff while students explore their own and understand the benefits of higher education.</li> <li>Understanding All of My Options: Topics include different college systems and college exploration.</li> <li>College 101: Topics include college requirements, exploring degrees, majors and college choice.</li> <li>Planning My Next Move: Topics include reflection, summer goals and celebrating success.</li> </ol>

For more information contact Dr. Claudia Aguilar at <a href="mailto:claudiacmca@berkeley.edu">claudiacmca@berkeley.edu</a>
Complete online interest form: <a href="mailto:https://forms.gle/gZSZfvT6yzzPP2EV9">https://forms.gle/gZSZfvT6yzzPP2EV9</a>



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- 25-minute lessons and activities designed for use in school, community and/or after school settings.
- Based on a college-going framework to increase college and career readiness by fostering college aspirations, teaching college knowledge, supporting the college planning and application process.
- Curriculum includes pre and post student surveys to assess learning.
- Curriculum includes lesson plans, handouts, presentations (when needed), and optional extension activities.
- Curriculum is revised annually to update resources and reflect changes in admission and financial aid policy.
- Sequenced lessons are organized by themes, build on each other throughout the year.
- Lessons reflect the senior college timeline and support students as they navigate the college admissions and financial aid application process and the transition to the first year of post-secondary education.
  - <u>CA version</u>: Includes 60 lessons covering information on policies and application processes relevant to CA and federal admissions and financial aid systems.
  - <u>General version</u>: Includes 55 lessons covering information on policies and application processes relevant to federal admissions and financial aid systems.

### **12<sup>TH</sup> GRADE CURRICULUM THEMES**

#### 1. College Applications

<u>Highlights</u>: the senior timeline, organization systems, eligibility, college & major list, letters of recommendation, scholarships

#### 2. College Essays

<u>Highlights</u>: the stages of writing relevant to college admission essays

#### 3. Support & Financial Aid

<u>Highlights</u>: the road map to college, speaking with family about college plans, applying for financial aid, resources for undocumented students, CSS profile, financial aid timeline

#### 4. After You Hit the Submit Button

<u>Highlights</u>: next steps, navigating college portals, managing waitlists, summer programs, internships

#### 5. Community College

<u>Highlights</u>: pros and cons, enrollment timeline, CC scenarios, the transfer process

#### 6. Financial Literacy

<u>Highlights</u>: securing financial aid, understanding the world of credit

#### 7. Navigating a College Campus

<u>Highlights</u>: seniorities, navigating college (academics, environment and campus resources)

#### 8. Making My College Decision

<u>Highlights</u>: discussing college choices, weighing options, officially accepting admission, understanding and comparing award letters

#### 9. Creating My College Plan

<u>Highlights</u>: completing final steps for 2-and-4-year colleges, creating college plans

#### 10. Making a Successful College Transition

<u>Highlights</u>: self-advocacy, managing transitions (family, friendships, relationships and personal growth), conquering freshmen fears, giving thanks, celebrations

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